

## **St. Frances Cabrini Catholic Church**

### **Qualities of a Eucharistic Minister**

The faithful who are special ministers of communion must be persons whose good qualities of Christian life, faith and morals recommend them. They should strive to be worthy of this great office, foster their own devotion to the Eucharist, and show an example to the rest of the faithful by their own devotion and reverence toward the sacrament.

### **Humility**

This ministry is about service not self-importance. They may serve in homes and hospitals where people are sick or unable to come to church.

### **Hospitality**

We should welcome those who approach the Lord's Table. Even though this is not done in words it may be shown through our posture. This means reverent and cordial tone of voice, unhurried, warm smile and eye contact.

### **Gratitude**

Eucharist comes from a Greek word meaning thanks. Giving praise and thanks in the Eucharist is central and essential action of the church.

### **Reverence**

We should treat the presence of the Lord in the Eucharist with utmost reverence. How we walk and hold our bodies as we receive the Body and the Blood of Christ, the gestures that we make as we pass the tabernacle or the church, the beauty of the place where the sacrament is reserved, the flame that announces the presence of the Lord are ways to express Reverence.

As ministers of the Eucharist, we are teachers of reverence. How we act as we approach the altar, how we handle the sacred species of bread and wine, and how we dress not only express our own attitudes but also form the attitudes of others.